

THE DOLDER GRAND



THE DOLDER GRAND

9. Dezember 2024 | 2

The Dolder Grand Spa – Fact Sheet

Opening	April 2008
Surface	43'056 sqft, 4'000 m ²
Partner	Foster and Partners Ltd., London (Architecture) United Designers Ltd., London (Interior Design) SPAd Inc. Sylvia Sepielli, Sedona/Arizona (Spa Concept)
Opening hours	7 days a week, generally 6.00 am to 10.00 pm
Admissions	Guests of The Dolder Grand, Members Club, Day Spa
Philosophy	The Dolder Grand Life Balance with the programmes Relax, Beauty, Vitality and Detox
Ladies' Spa Gentlemen's Spa (1076 sqft, 100 m² each)	Separated areas with Steam pot columns with aromatized steam Kotatsu Footbath with simulated current and pebble surface, solid walnut table Sauna Steam bath Cold Water Basin Cooling Down Shower Aroma pools Relaxation Solariums
Aqua Zone (mixed zone)	Swimming Pool, Bisazza mosaics, 25 metres long, 1.35 m deep Indoor Whirlpool Outdoor Whirlpool (warm water and cold-water pool, mineral water couches), terrace Sanarium Steam bath Snow paradise

THE DOLDER GRAND

8. Dezember 2024 | 3

Five Sunaburo (pebble loungers): a tub filled with fine pebbles. The pebbles are warmed and are ideal for lying back and relaxing. The tubs are based on a Japanese idea and were designed especially for the Dolder Grand.

Chillout: loungers and armchairs

19 Treatment Rooms

13 Massage rooms
1 Bamboo Shiatsu room
1 Couples room
6 Rooms for facials

2 Spa Suites

Spa Suite Superior (753 sqft, 70 m²), Spa Suite Deluxe (753 sqft, 70 m²), Mother-of-Pearl walls
Massage tables, mudbath, whirlpool, lounge, fireplace, TV

Spa Suite 2 (915 sqft, 85 m²), Mother-of-Pearl walls
each equipped with two treatment couches and a steam bath, whirlpool, snail shower, reclining area, balcony, fireplace and TV

Spa Menu

All treatments are executed with the product lines La Prairie, Amala (100 % natural skincare) and MARGY'S Monte Carlo .

The Dolder Collection (signature treatments)

- Hydrating Beauty Facial by MARGY'S Monte Carlo (Life Balance - Beauty)
- Age Defying Vitality Facial by MARGY'S Monte Carlo (Life Balance – Vitality)
- Firmfix Detox Body Treatment by MARGY'S Monte Carlo (Life Balance – Detox)
- Bamboo Shiatsu (Life Balance – Vitality)
- Organic Precious Moments by ME and ME (Pre- or Post-Pregnancy Treatment) (Life Balance – Relax)

Meditation room

Mirror mosaic cupola with candlelight

Workout

Fitness with cardio equipment (Technogym) and Personal Trainer

Studios

Group fitness courses such as Yoga, Pilates, Power Workout, Boxing, Boot Camp etc.

Medical Wellness

Network of doctors and specialists in aesthetic dermatology and laser medicine, anti-aging medicine and plastic aesthetic surgery

Spa Café

Healthy and vitalising drinks and snacks based on the programmes Relax, Beauty, Vitality, Detox

Hairstyling

En Vogue Luxurious Hair

THE DOLDER GRAND

9. Dezember 2024 | 4

Library

Literature on health and wellbeing (600 books)

Shop

Exclusive products for wellness, beauty and fitness, fashion and lifestyle accessories, gifts

